

January 2020
Kids Adventure, St. Henry's
& St. Paul's
Elementary Lunch



All meals include choice of
Chocolate Skim, 1% or Skim Milk

		1 NO SCHOOL HAPPY NEW YEAR	2 Chicken Nuggets Mashed Potatoes Gravy Dinner Roll Broccoli Fruit Milk	3 Hamburger/Bun French Fries Baked Beans Cherry Tomatoes Fruit Milk
6 BBQ Chicken Sandwich Fries Carrots Ranch Fruit Milk	7 Pizza Broccoli Romaine Ranch Fruit Milk	8 Mini Corn Dogs Baked Beans Carrots Celery Fruit Milk	9 Softshell Taco Corn Tomato/Lettuce Fruit Milk	10 Italian Dunkers Marinara Sauce Broccoli Carrots Ranch Fruit Milk
13 Fiestada Round Glazed Baby Carrots Cucumbers Salsa Fruit Milk	14 Chicken N Waffles Hashbrown Broccoli Fruit Milk	15 Taco In A Bag Refried Beans Romaine/Salsa Carrots Fruit / Milk National Strawberry Ice Cream Day	16 Crispy Chicken Leg Corn Celery Sticks (5) Ranch Chips Fruit Milk	17 Chicken Alfredo Steamed Broccoli Breadstick Carrots/Ranch Fruit Milk
20 NO SCHOOL TEACHER WORKSHOP	21 Popcorn Chicken Smile Potatoes Green Beans Grape Tomatoes Fruit Milk	22 Hot Dog On A Bun Baked Beans Celery Sticks Ranch Fruit Milk	23 Spaghetti/Meat Sauce Garlic Toast Caesar Salad Carrots Fruit Milk	24 Chicken Patty/Bun Tater Tots Broccoli Ranch Fruit Milk
27 Mini Waffles/Syrup Triangle Hashbrown Sausage Patty Grape Tomatoes Fruit Milk	28 Grilled Chicken Patty/Bun Fries Tomato/Lettuce Broccoli Ranch Fruit Milk	29 Cheeseburger Baked Beans Corn Chips Carrots/Ranch Fruit Milk National Corn Chip Day	30 Lasagna Roll Up Mixed Vegetable Caesar Salad Broccoli Fruit Milk	31 BBQ Riblet/Bun Green Beans Carrots Ranch Fruit Milk

OFFER

Please take 3 items, one being ½ cup fruit or vegetable.

FYI

**MENUS
SUBJECT TO
CHANGE**

**Food
Components**

Bread/Grain
Meat/Meat
Alternate
Fruit
Vegetable
Milk

To be considered reimbursable, kids MUST take at least 3 of the 5 food components!! One MUST be a fruit or vegetable.

All grains served are whole grain-rich.

This institute is an equal opportunity provider and employer.

For questions, comments or concerns, please contact Krystal Boyd, Food Service Director at kboyd@perham.k12.mn.us